MENU
SANDWICHES
SALADS
GRILL
PANINIS
WRAPS
BREAKFAST
SMOOTHIES

SEE ALL OUR LOCATIONS AT: HIGHTOWERDELI.COM
BREAKFAST BURRITOS

HIGHTOWER™ ORIGINAL 3.99
Refried beans, cheddar cheese and home-style potatoes.

SO-HO 3.99
Spicy black bean & roasted sweet corn relish, melted cheddar and fresh avocado.

CIAO, CIAO 3.99
Diced tomatoes, mozzarella cheese and creamy Hellmann’s pesto spread.

BIG COUNTRY 4.29
Country sausage, cheddar cheese and our home-style potatoes.

THE TEXICAN 4.49
Applewood smoked bacon, refried beans, pepper jack cheese & fresh avocado.

THE WESTERN 4.29
Honey maple ham served with sautéed onions and peppers and topped with cheddar cheese.

THE GREEK 3.99
Garden fresh baby spinach, crumbled Greek feta cheese and diced tomatoes.

Breakfast served until 10:00am.

Two eggs scrambled and served in a warm burrito-sized whole wheat or flour tortilla. Our signature homemade smoky red salsa will be served upon request.

BREAKFAST TACOS

LOW RISE TACO 1.99
Egg and cheese taco.

MID RISE TACO 2.69
Egg and your choice of bacon, ham, sausage, or potato with cheese.

HIGH RISE TACO 2.99
Egg and your choice of sausage, bacon, or ham and home-style potatoes with cheese.

Choice of flour or whole wheat tortilla, served with our signature homemade smoky red salsa.

BREAKFAST SANDWICHES

BREAKFAST BLT 4.69
Crispy applewood smoked bacon, iceberg lettuce, tomato and scrambled eggs served on toasted bread. (cheese extra .50)

SOUTHERN COMFORT 4.49
Scrambled eggs with your choice of sausage or bacon, cheddar cheese & country gravy on a flaky buttermilk biscuit.

CIBATTA BING 4.49
Scrambled eggs, hard salami and provolone cheese on toasty ciabatta roll.

CROISSANT CITY 4.79
Scrambled eggs, honey maple ham and Swiss cheese on a warm buttery croissant

ALL AMERICAN 3.99
Scrambled eggs, sausage or bacon and American cheese on artisan wheat or white toast.

ADD ON’S
- Refried Beans .50
- Cheese .50
- Grilled Onions or Grilled Pepper .50
- Vegetable .50
- Avocado .75
- Gravy .50

A LA CARTE

One Egg 1.39
Bacon (2 strips) 1.69
Sausage Biscuit 2.69
Potatoes 1.59
Sausage (1 patty) 1.69
Croissant 1.99
Biscuit & Gravy 1.99
English Muffin 1.59
Biscuit (1) 1.49
Toast (2 pieces) 1.49

BAGELS 1.99
Choose a fresh hot toasted bagel from our selection: Plain, Blueberry, Cinnamon Raisin, and whole wheat with butter & jelly.

Bagels with cream cheese: 2.79

GRANOLA PARFAITS & CEREAL 2.59
Assorted breakfast cereals: 2.59
12oz. Oatmeal with toppings: 2.99
16oz. Oatmeal with toppings: 3.99
Fresh seasonal fruit cups and fruits: 3.69
Low fat vanilla yogurt, granola and fresh berries: 4.59

PASTRIES & SWEETS

1.59-2.99 Cookie .89
**SALADS**

**THE HIGHTOWER™ HOUSE** 8.39
Mixed field greens, tomatoes, red onions, cucumbers, homemade crunchy croutons in a balsamic vinaigrette.

**TAKE ME TO THE CLUB** 9.49
Chopped romaine and iceberg lettuce, tomato, fresh avocado and crispy bacon crumbles, with a pinwheel of roast beef, turkey, ham and Swiss cheese.

**COBB** 9.29
Chopped iceberg and romaine lettuce, egg, crispy bacon crumbles, fresh avocado, tomatoes, cheddar cheese and bleu cheese crumbles.

**CAPRESE** 8.99
Mixed field greens, fresh marinated mozzarella cheese, tomatoes, homemade croutons and balsamic vinaigrette dressing.

**FUJI LICIOUS** 8.99
Mixed field greens, bleu cheese crumbles, sliced apple, cranberries, candied walnuts, and raspberry vinaigrette dressing.

**SOUTH BY SOUTHWEST CAESAR** 8.99
Chopped romaine and iceberg lettuce topped with tomatoes, shredded cheddar and mozzarella, ham, turkey, egg and crunchy croutons.

**CHEF’S SALAD** 9.49
Chopped romaine and iceberg lettuce topped with tomatoes, shredded cheddar and mozzarella, ham, turkey, egg and crunchy croutons.

**IT’S ALL GREEK TO ME** 8.39
Chopped romaine, red onions, feta cheese crumbles, pepperoncini, cucumbers, capers, kalamata olives, tomatoes in a Greek dressing.

**BUILD YOUR OWN SALAD** 8.39
Start by choosing a salad base and add your favorite veggies.

**ADD ON’S**

<table>
<thead>
<tr>
<th>Apples</th>
<th>.50</th>
</tr>
</thead>
<tbody>
<tr>
<td>Corn Relish</td>
<td>.50</td>
</tr>
<tr>
<td>Walnuts</td>
<td>.50</td>
</tr>
<tr>
<td>Avocado</td>
<td>.75</td>
</tr>
<tr>
<td>Cranberry</td>
<td>.50</td>
</tr>
<tr>
<td>Extra Dressing</td>
<td>.50</td>
</tr>
</tbody>
</table>

**CHICKEN** 2.49
**SHRIMP OR SALMON** 3.49
**EGG** 1.49

<table>
<thead>
<tr>
<th>Deli Meat 2oz.</th>
<th>1.49</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mozzarella Balls (5)</td>
<td>1.99</td>
</tr>
<tr>
<td>Pinwheel</td>
<td>2.99</td>
</tr>
</tbody>
</table>

**SMOOTHIES**

**WHAT’S “UP DOC”** 5.99
Pineapple, spinach, apple, carrots.

**THE BEET GOES ON** 5.99
Beets, apple, carrot, celery.

**GREEN MACHINE** 5.99
Spinach, celery, cucumber, apple, ginger root, lemon.

**BERRY A-Peel** 5.99
Strawberry, apple, lime.

**GOLDEN JUICE** 5.99
Apple, carrot, celery, cucumber, beet, ginger root.

**JUICES**

**ADD ON’S**

<table>
<thead>
<tr>
<th>Extra fruit</th>
<th>.50</th>
</tr>
</thead>
<tbody>
<tr>
<td>Extra supplement</td>
<td>.99</td>
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</tbody>
</table>
**SANDWICHES**

**BUILD YOUR OWN**

YOU BE THE ARCHITECT!

All sandwiches served with pickle and choice of chips, small fruit cup or cookie

<table>
<thead>
<tr>
<th>CHOOSE YOUR SIZE</th>
<th>LOW RISE</th>
<th>5.69</th>
<th>HIGH RISE</th>
<th>7.99</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Half-Sandwich</td>
<td>Full-Sandwich</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**MEATS**

- Oven gold Turkey
- Maple Honey Ham
- Roast Beef
- Hard Salami
- Corned Beef

**CHEESE**

- Cheddar
- Swiss
- American
- Pepper Jack
- Provolone
- Muenster

**Sandwiches**

- **Homemade All White Meat Chicken Salad,** applewood smoked bacon, muenster cheese, iceberg lettuce, with sliced tomatoes and fresh avocado, drizzled with Hellmann’s roasted garlic aioli. 
  - 8.79

- **Marinated Mushroom Medley,** baby spinach, hummus, feta cheese, roasted red pepper, fresh avocado, rice, grilled onions and Hellmann’s creamy basil pesto.
  - 8.29

- **Baked Salmon,** raspberry-Chippendale sauce, rice, baby spinach, and black bean and roasted sweet corn relish.
  - 9.49

- **Grilled Chicken & Greek,** rice, chopped romaine, feta cheese, cucumber, tomatoes, Greek feta vinaigrette and our homemade olive spread.
  - 8.79

**SOUPS**

- High Tower Soup of the Day
  - Cup 4.29 Bowl 4.99

- Taxes-style Chili
  - Cup 4.49 Bowl 5.49

**TOWERS WRAPS**

Choose a flour, wheat, or spinach wrap.

All wraps served with pickle and choice of chips, small fruit cup or cookie.

<table>
<thead>
<tr>
<th>CHICKEN SALAD CLUB</th>
<th>8.79</th>
</tr>
</thead>
<tbody>
<tr>
<td>Homemade all white meat chicken salad, applewood smoked bacon, muenster cheese, iceberg lettuce, with sliced tomatoes and fresh avocado, drizzled with Hellmann’s roasted garlic aioli.</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>VEGGIE</th>
<th>8.29</th>
</tr>
</thead>
<tbody>
<tr>
<td>A marinated mushroom medley, baby spinach, hummus, feta cheese, roasted red pepper, fresh avocado, rice, grilled onions and Hellmann’s creamy basil pesto.</td>
<td></td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>CHICKEN FAJITA</th>
<th>8.79</th>
</tr>
</thead>
<tbody>
<tr>
<td>Marinated fajita chicken, rice, black beans &amp; roasted sweet corn relish, grilled onions and green bell peppers, fresh avocado, iceberg lettuce, shredded cheddar cheese, with sour cream and our homemade smoky salsa.</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>BACON, EGG SALAD &amp; CHEESE</th>
<th>8.49</th>
</tr>
</thead>
<tbody>
<tr>
<td>A heaping scoop of our homemade egg salad, applewood smoked bacon, muenster cheese served with lettuce and tomato.</td>
<td></td>
</tr>
</tbody>
</table>

**ADD ON’S**

<table>
<thead>
<tr>
<th>ADD ON’S</th>
<th>8.69</th>
</tr>
</thead>
<tbody>
<tr>
<td>Corn relish</td>
<td>.50</td>
</tr>
<tr>
<td>Extra cheese</td>
<td>.50</td>
</tr>
<tr>
<td>Roasted red pepper</td>
<td>.50</td>
</tr>
<tr>
<td>Avocado</td>
<td>.75</td>
</tr>
</tbody>
</table>

**TAXES-STYLE CHILI**

- Cup 4.49 Bowl 5.49

**COUNTY DRINK**

- Cup 4.49 Bowl 5.49

**Choose 2**

- CUP OF SOUP
- BUILD YOUR OWN SANDWICH (HALF)
- HIGH TOWER HOUSE SIDE SALAD

**CHOOSE 2**

- CUP OF SOUP
- BUILD YOUR OWN SANDWICH (HALF)
- HIGH TOWER HOUSE SIDE SALAD

**ADD ON’S**

- Corn relish | .50 |
- Extra cheese | .50 |
- Roasted red pepper | .50 |
- Avocado | .75 |

**TAXES STYLE CHILI**

- Cup 4.49 Bowl 5.49

**COUNTY DRINK**

- Cup 4.49 Bowl 5.49

**Choose 2**

- CUP OF SOUP
- BUILD YOUR OWN SANDWICH (HALF)
- HIGH TOWER HOUSE SIDE SALAD

**ADD ON’S**

- Corn relish | .50 |
- Extra cheese | .50 |
- Roasted red pepper | .50 |
- Avocado | .75 |

**TAXES STYLE CHILI**

- Cup 4.49 Bowl 5.49

**COUNTY DRINK**

- Cup 4.49 Bowl 5.49

**Choose 2**

- CUP OF SOUP
- BUILD YOUR OWN SANDWICH (HALF)
- HIGH TOWER HOUSE SIDE SALAD

**ADD ON’S**

- Corn relish | .50 |
- Extra cheese | .50 |
- Roasted red pepper | .50 |
- Avocado | .75 |

**TAXES STYLE CHILI**

- Cup 4.49 Bowl 5.49

**COUNTY DRINK**

- Cup 4.49 Bowl 5.49

**Choose 2**

- CUP OF SOUP
- BUILD YOUR OWN SANDWICH (HALF)
- HIGH TOWER HOUSE SIDE SALAD

**ADD ON’S**

- Corn relish | .50 |
- Extra cheese | .50 |
- Roasted red pepper | .50 |
- Avocado | .75 |

**TAXES STYLE CHILI**

- Cup 4.49 Bowl 5.49

**COUNTY DRINK**

- Cup 4.49 Bowl 5.49

**Choose 2**

- CUP OF SOUP
- BUILD YOUR OWN SANDWICH (HALF)
- HIGH TOWER HOUSE SIDE SALAD

**ADD ON’S**

- Corn relish | .50 |
- Extra cheese | .50 |
- Roasted red pepper | .50 |
- Avocado | .75 |

**TAXES STYLE CHILI**

- Cup 4.49 Bowl 5.49

**COUNTY DRINK**

- Cup 4.49 Bowl 5.49

**Choose 2**

- CUP OF SOUP
- BUILD YOUR OWN SANDWICH (HALF)
- HIGH TOWER HOUSE SIDE SALAD

**ADD ON’S**

- Corn relish | .50 |
- Extra cheese | .50 |
- Roasted red pepper | .50 |
- Avocado | .75 |
<table>
<thead>
<tr>
<th>Sandwich</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>THE LEANING TOWER</strong></td>
<td>8.79</td>
</tr>
<tr>
<td>Honey maple ham and hard salami, provolone cheese, romaine, tomatoes, red onion and pepperocini with Italian oil &amp; vinegar on a ciabatta roll.</td>
<td></td>
</tr>
<tr>
<td><strong>THE DOUGH-JO</strong></td>
<td>8.89</td>
</tr>
<tr>
<td>(ASIAN SPICY TUNA SALAD)</td>
<td></td>
</tr>
<tr>
<td>Albacore tuna blended with our sriracha mayo on a bed of mixed field greens, cucumber, fresh avocado and a kicking wasabi drizzle on sourdough bread.</td>
<td></td>
</tr>
<tr>
<td><strong>THE EIFFEL TOWER</strong></td>
<td>8.99</td>
</tr>
<tr>
<td>(FRENCH DIP)</td>
<td></td>
</tr>
<tr>
<td>Hot roast beef, melted Swiss cheese, French fried onions, Hellmann’s creamy horseradish dijon, on an artisan hoagie and served with au jus for dipping.</td>
<td></td>
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<tr>
<td><strong>THE BETTA FETA SANDWICH</strong></td>
<td>8.79</td>
</tr>
<tr>
<td>(OPAI)</td>
<td></td>
</tr>
<tr>
<td>Grilled marinated chicken breast, Greek feta vinaigrette, chopped romaine, tomato and cucumbers, feta cheese and our house olive spread on a ciabatta roll.</td>
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<tr>
<td><strong>EMPIRE STATE</strong></td>
<td>8.69</td>
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<tr>
<td></td>
<td></td>
</tr>
<tr>
<td>Roast beef and ovenold turkey, Russian dressing, muenster cheese, iceberg lettuce and roasted red pepper on marble rye bread.</td>
<td></td>
</tr>
<tr>
<td><strong>CUBANO</strong></td>
<td>8.69</td>
</tr>
<tr>
<td>Honey maple ham and ovenold turkey, Swiss cheese and sweet pickle relish with Hellmann’s chipotle mayo and served on a toasted artisan hoagie roll.</td>
<td></td>
</tr>
<tr>
<td><strong>REUBEN -RACHEL</strong></td>
<td>8.69</td>
</tr>
<tr>
<td>(CORNED BEEF) (TURKEY)</td>
<td></td>
</tr>
<tr>
<td>Corned beef or turkey with sauerkraut, melted Swiss cheese and Russian dressing served on toasted marble rye bread.</td>
<td></td>
</tr>
<tr>
<td><strong>THE BIG TUNA MELT</strong></td>
<td>8.49</td>
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<td></td>
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<tr>
<td>Our homemade Albacore tuna salad, melted Swiss cheese and roasted red pepper served on sourdough bread.</td>
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<tr>
<td><strong>ROMAN</strong></td>
<td>8.69</td>
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<td></td>
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<tr>
<td>Marinated grilled chicken, tomato-basil marinara, provolone and shredded mozzarella cheese served on a ciabatta roll.</td>
<td></td>
</tr>
<tr>
<td><strong>HAIL CAESAR</strong></td>
<td>8.79</td>
</tr>
<tr>
<td>Marinated grilled chicken breast, Hellmann’s garlic aioli, grated pamesan cheese, chopped romaine lettuce, tomatoes and red onion on artisan focaccia bread.</td>
<td></td>
</tr>
<tr>
<td><strong>ADOBE</strong></td>
<td>8.79</td>
</tr>
<tr>
<td>Mesquite smoked turkey, Hellmann’s chipotle mayo, iceberg lettuce, black bean &amp; roasted sweet corn relish, cheddar cheese, fresh avocado and tomato on sourdough bread.</td>
<td></td>
</tr>
<tr>
<td><strong>WALL STREET</strong></td>
<td>8.99</td>
</tr>
<tr>
<td>A towering sandwich of hot corned beef &amp; pastrami, Swiss cheese, spicy deli mustard, with coleslaw on marble rye bread.</td>
<td></td>
</tr>
<tr>
<td><strong>SHROOM WITH A VIEW</strong></td>
<td>8.49</td>
</tr>
<tr>
<td>Marinated portobello mushroom, Swiss cheese, fresh avocado, mixed field greens, roasted red pepper, hummus and Hellman’s creamy pesto on artisan focaccia bread.</td>
<td></td>
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<tr>
<td><strong>BLT A</strong></td>
<td>8.79</td>
</tr>
<tr>
<td>A “healthy” portion of crispy applewood smoked bacon, iceberg lettuce, tomato and fresh avocado with Hellmann’s garlic aioli on toasted sourdough bread.</td>
<td></td>
</tr>
<tr>
<td><strong>CAPRESE</strong></td>
<td>8.49</td>
</tr>
<tr>
<td>Fresh marinated mozzarella cheese and tomatoes, baby spinach with Hellmann’s basil pesto on artisan focaccia bread.</td>
<td></td>
</tr>
<tr>
<td><strong>MUFFALETTA</strong></td>
<td></td>
</tr>
<tr>
<td>Hard salami, turkey and honey maple ham, our homemade olive spread with provolone and mozzarella cheese served on muffaletta bread.</td>
<td>Quarter 7.99  Half 9.89  Full 17.89</td>
</tr>
<tr>
<td><strong>THREE CHEESE PANINI</strong></td>
<td>7.99</td>
</tr>
<tr>
<td>Melted cheddar, pepper jack and provolone cheese topped with tomato and fresh avocado, Hellman’s horseradish dijon and served on sourdough bread.</td>
<td></td>
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</tbody>
</table>
**GRILL**

*Grill items not served at all locations*

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**BURGERS**

Certified angus ground beef served on a bun with cheese, mustard, mayo, lettuce, tomato, pickles and onion.

**LOW RISE BURGER** (1/4 POUND)  1 patty, 1 slice of cheese.  
**MID RISE BURGER** (1/2 POUND)  2 patties, 2 slices of cheese.  
**HIGH RISE BURGER** (3/4 POUND)  3 patties, 3 slices of cheese.  

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**GRILLED CHICKEN BREAST SANDWICH**  
Grilled chicken breast served on a multi-grain wheat bun with Hellmann’s mayo, lettuce and tomato.  

**CHICKEN MUSHROOM SWISS**  
Grilled chicken breast served on a multi-grain wheat bun with sautéed mushrooms, Swiss cheese, Hellmann’s mayo, lettuce and tomato.  

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**ADD-ON’S**

- Grilled Onions  
  - .50
- Sautéed Mushrooms  
  - .50
- Applewood Smoked Bacon  
  - 1.69
- Avocado  
  - .75
- Texas-Style Chili  
  - .99
- Assorted Cheeses  
  - .50

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**COMFORT CLASSICS**

**PHILLY CHEESE STEAK**  
Thinly shaved seared steak, melted provolone cheese, sautéed onions and bell peppers on a hoagie roll.  

**CHICKEN TENDER BASKET**  
All white meat chicken tenders served with honey mustard or ranch dressing, your choice of French fries, chips or fruit cup and Texas toast.

**GYRO**  
Beef and lamb strips with tzatziki sauce, tomato and onions served on a pita.

**CHEESY CHICKEN HOAGIE OR PITA**  
Cheesy chicken hoagie or pita with mushrooms and onions topped with provolone cheese.

**BUFFALO CHICKEN TENDER PO’BOY**  
All white meat chicken tenders tossed in a spicy wing sauce, with bleu cheese dressing, lettuce and tomato served on a fresh po’boy.

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**POTATOES YOUR WAY**

A large steaming baked potato stuffed with your choice of toppings:

- Sour Cream  
- Bacon  
- Butter  
- Green Onions  
- Jalapeños  
- Cheddar Cheese

**ADDITIONAL TOPPINGS EXTRA:**

- Texas-Style Chili  
  - 2.49
- Chopped BBQ Beef  
  - 2.49
- Chicken Fajita  
  - 2.49

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**SIDE ORDERS**

**HOMEMADE SEASONED FRIES**  
Substitute fries for sweet potato fries on any order that includes fries  

- 2.29
- .99

**SWEET POTATO FRIES**  

- 2.99

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**ALL ‘FROM THE GRILL’ SERVED WITH YOUR CHOICE OF FRENCH FRIES, CHIPS, OR A SEASONAL FRUIT CUP.**