



DELI-CIOUS REDEFINED

HIGHTOWERCAFE.COM



SMOOTHIES

STRAWBERRY BLAST

Strawberries, banana, honey, protein formula, turbinado.

TROPICAL BREEZE

Strawberries, banana, orange, pineapple, honey, protein formula, turbinado.

PB & J

Strawberries, banana, turbinado, honey, peanut butter.

LITE & TRIM

Strawberries, banana, honey, protein formula, turbinado.

ENERGIZER

Orange, pineapple, honey, protein formula, turbinado.

JUICES

WHATS "UP DOC"

Pineapple, spinach, apple, carrots.

GREEN MACHINE

Spinach, celery, cucumber, apple, ginger root, lemon.

GOLDEN JUICE

Apple, carrot, celery, cucumber, beet, ginger root.

THE BEET GOES ON

Beets, apple, carrot, celery.

KICK-START

Spinach, pineapple, carrot, cucumber, jalapeño, lemon.



ADD-ONS

Extra Fruit

Extra Supplement

SOUP & POTATOES

BOWL

SOUP OF THE DAY
CHICKEN NOODLE *Served Daily*
TEXAS-STYLE CHILI

JUST A SPUD *Butter*
LOADED SPUD *One of each item*

① TOPPINGS

Sour Cream
Green Onions
Butter
Jalapeños
Cheddar Cheese
Applewood Bacon

② PROTEINS

Texas-Style Chili
Chopped BBQ Beef
Chicken Fajita



WRAPS

Choose a flour, wheat or spinach wrap.

CHICKEN GREEK

Grilled chicken, rice, chopped romaine, feta cheese, cucumber, tomatoes, Greek feta vinaigrette and our homemade olive spread.

BAKED SALMON

Baked salmon, raspberry-chipotle sauce, rice, baby spinach, and black bean corn relish.

CHICKEN SALAD CLUB

Homemade all white meat chicken salad, applewood smoked bacon, muenster cheese, iceberg lettuce, with sliced tomatoes and fresh avocado, drizzled with Ken's roasted garlic aioli.

VEGGIE

A marinated mushroom medley, baby spinach, hummus, feta cheese, roasted red pepper, fresh avocado, rice, red onions and Ken's creamy basil pesto.

CHICKEN FAJITA

Marinated fajita chicken, rice, black bean corn relish, grilled onions and green bell peppers, fresh avocado, iceberg lettuce, shredded cheddar cheese, with sour cream and our homemade smokey salsa.

BACON, EGG SALAD & CHEESE

A heaping scoop of our homemade egg salad, applewood smoked bacon, muenster cheese served with lettuce and tomato.



Baked Salmon

COMBO SIDES

Chips
Cookie
Coleslaw
Fries
Fresh Whole Fruit
Fruit Cup *Small 6 oz*

DRINKS

Fountain Drink
Iced Tea
Coffee or Flavored Coffee
Gallon of Iced Tea/Lemonade

Bottled sodas, juices, energy drinks, and assorted waters also available.

FAVORITE | VEGETARIAN

*Items not served at all locations. All prices are subject to change. Substitutions may incur additional price.

SALADS

THE HIGHTOWER® HOUSE

Mixed field greens, grape tomatoes, red onions, cucumbers, homemade crunchy croutons in a balsamic vinaigrette.

FUJI LICIOUS

Mixed field greens, bleu cheese crumbles, sliced apple, raisins, candied walnuts, and raspberry vinaigrette.

CLUB

Chopped romaine and iceberg lettuce, grape tomatoes, fresh avocado and crispy bacon crumbles, with a pinwheel of roast beef, turkey, ham and Swiss cheese.

COBB

Chopped iceberg and romaine lettuce, egg, crispy bacon crumbles, fresh avocado, grape tomatoes, cheddar cheese and bleu cheese crumbles.

SOUTHWEST CAESAR

Chopped romaine tossed with our black bean corn relish, grated parmesan cheese, crispy tortilla strips, and a creamy Hellman's chipotle Caesar dressing.

CHEF'S SALAD

Chopped romaine and iceberg lettuce topped with tomatoes, shredded cheddar and mozzarella, ham, turkey, egg and crunchy croutons.

CAPRESE

Mixed field greens, fresh marinated mozzarella cheese, tomatoes, homemade croutons and balsamic vinaigrette.

GREEK

Chopped romaine, red onions, feta cheese crumbles, pepperoncini, cucumbers, capers, kalamata olives, tomatoes in a Greek dressing.

SMALL SIDE SALAD

Mixed greens, cherry tomatoes, red onions and cucumber.

BUILD YOUR OWN SALAD

Select a salad base, vegetables, and a choice of cheese.
Certain vegetables may incur an additional price.

ADD-ONS

Chicken
Grilled Shrimp
Salmon
1/2 Portion Deli Meat
Applewood Bacon Bits
Club Pinwheel

Egg
Fuji Apples
Corn Relish
Candied Walnuts
Tortilla Strips
Raisins

Extra Dressing
Fresh Avocado
Fresh Mozzarella
Cheese



1/4 lb Angus
Burger

GRILL

All burgers served on a bun with cheese, mustard, mayo, lettuce, tomato, pickles and onion.

COMBO INCLUDES
SIDE &
FOUNTAIN
DRINK
MAKE IT A COMBO

1/4 POUND ANGUS BURGER

1/2 POUND ANGUS BURGER

3/4 POUND ANGUS BURGER

VEGGIE BURGER

Served on a honey wheat bun with lettuce, tomatoes and mayo.

GRILLED CHICKEN

CHICKEN MUSHROOM SWISS

ADD-ONS

Grilled Onions
Sautéed Mushrooms ...
Fried Egg
Applewood Bacon 2...

Texas-Style Chili
Fresh Avocado
Extra Cheese
Jalapeños

COMFORT CLASSICS

PHILLY CHEESE HOAGIE

Thinly shaved seared steak, melted provolone cheese, sautéed onions and bell peppers on a hoagie roll.

CHICKEN TENDERS

All white meat chicken tenders served with your choice of dipping sauce, and Texas toast.

3 TENDERS
5 TENDERS

GYRO

Choice of beef and lamb or chicken strips with tzatziki sauce, tomato and onions served on grilled pita bread.

CHICKEN MUSHROOM PITA

Cheesy chicken pita with mushrooms and onions topped with provolone cheese.

BUFFALO CHICKEN PO-BOY

All white meat chicken tenders tossed in a spicy wing sauce, with bleu cheese dressing, lettuce and tomato served on a fresh po'boy.

FRIES, TOTS & TOPPINGS

REGULAR DOUBLE

Seasoned Fries

Tater Tots

Sweet Potato Fries

ADD TOPPINGS FOR ADDITIONAL PRICE.
TOPPINGS IN THE BACK



SANDWICHES



CLASSIC ITALIAN

Honey maple ham and hard salami, provolone cheese, romaine, tomatoes, red onion and pepperoncini with Italian oil & vinegar on a ciabatta roll.

CHICKEN CAESAR

Marinated grilled chicken breast, Ken's garlic aioli, grated pamesan cheese, chopped romaine lettuce, tomatoes and red onion on artisan focaccia bread.

★ ASIAN SPICY TUNA SALAD

Albacore tuna blended with our sriracha mayo on a bed of mixed field greens, cucumber, fresh avocado and a kicking wasabi drizzle on sourdough bread.

SOUTHWEST TURKEY

Mesquite smoked turkey, Ken's chipotle mayo, iceberg lettuce, black bean corn relish, cheddar cheese, fresh avocado and tomato on sourdough bread.

FRENCH DIP

Hot roast beef, melted Swiss cheese, french fried onions, Ken's creamy horseradish dijon, on an artisan hoagie and served with au jus for dipping.

NEW YORKER

A towering sandwich of hot corned beef & pastrami, Swiss cheese, spicy deli mustard, with coleslaw on marble rye bread.

CHICKEN GREEK

Grilled marinated chicken breast, Greek feta vinaigrette, chopped romaine, tomato and cucumbers, feta cheese and our house olive spread on a ciabatta roll.

🍄 PORTOBELLO MUSHROOM

Marinated portobello mushroom, Swiss cheese, fresh avocado, mixed field greens, roasted red pepper, hummus and Ken's creamy pesto on artisan focaccia bread.

EMPIRE STATE

Roast beef and ovengold turkey, Russian dressing, muenster cheese, iceberg lettuce and roasted red pepper on marble rye bread.

BLT A

A "healthy" portion of crispy applewood smoked bacon, iceberg lettuce, tomato and fresh avocado with Ken's garlic aioli on toasted sourdough bread.

BUILD YOUR OWN SANDWICH

Served with lettuce, tomato & onions

LOW RISE

Half Sandwich

HIGH RISE

Full Sandwich

① PROTEIN

Oven Roasted Turkey
Maple Honey Ham
Roast Beef
Hard Salami
Corn Beef
Pastrami

② SALAD

White Albacore Tuna Salad
All White Meat Chicken Salad
Egg Salad

③ CHEESE

Cheddar Pepper
American Jack
Provolone Muenster
Swiss

Cubano
Panini



PANINIS

THE BIG TUNA MELT

Our homemade Albacore tuna salad, melted Swiss cheese and roasted red pepper served on sourdough bread.

🍄 THREE CHEESE PANINI

Melted cheddar, pepper jack and provolone cheese topped with tomato and fresh avocado, Ken's horseradish dijon and served on sourdough bread.

CHICKEN PARMESAN

Marinated grilled chicken, tomato-basil marinara, provolone and shredded mozzarella cheese served on a ciabatta roll.

MUFFULETTA

Hard salami, turkey and honey maple ham, our homemade olive spread with provolone and mozzarella cheese served on muffuletta bread.

1/2 PANINI

WHOLE PANINI

★ CUBANO

Honey maple ham and ovengold turkey, Swiss cheese and sweet pickle relish with Ken's chipotle mayo and served on a toasted artisan hoagie roll.

🍄 CAPRESE

Fresh marinated mozzarella cheese and sliced vine ripened tomatoes, baby spinach with Ken's basil pesto on artisan focaccia bread.

REUBEN

Corned beef with sauerkraut, melted Swiss cheese and Russian dressing served on toasted marble rye bread.

RACHEL

Turkey with sauerkraut, melted Swiss cheese and Russian dressing served on toasted marble rye bread.

BREAKFAST BURRITOS

Scrambled eggs served in a 12" flour or whole wheat tortilla.
Served with our signature homemade smokey red salsa upon request.

COMBO INCLUDES
SIDE &
FOUNTAIN DRINK
OR COFFEE
MAKE IT A COMBO

HIGHTOWER™ ORIGINAL

Refried beans, cheddar cheese and home-style potatoes.

SOUTHWEST

Spicy black bean corn relish, melted cheddar and fresh avocado.

BIG COUNTRY WITH SAUSAGE

Country sausage, cheddar cheese and our home-style potatoes.

CREAMY PESTO & MOZZARELLA

Diced tomatoes, mozzarella cheese and creamy Ken's pesto spread.

THE TEXICAN

Applewood smoked bacon, refried beans, pepper jack cheese and sliced avocado.

WESTERN SCRAMBLE

Honey maple ham served with sautéed onions and peppers and topped with cheddar cheese.

VEGGIE GREEK

Garden fresh baby spinach, crumbled Greek feta cheese and diced tomatoes.



BOWLS

TEX-MEX CHICKEN

Marinated fajita chicken, black bean corn relish, grilled onions, bell peppers, fresh avocado, iceberg lettuce, shredded cheddar cheese with sour cream and homemade smokey red salsa over rice.

KOREAN BEEF or CHICKEN

Sirloin beef or grilled chicken, sunny side up egg, carrots, green onion, sesame sauce and seeds over rice.
Substitute shrimp...

TERIYAKI BEEF or CHICKEN

Sirloin beef or grilled chicken, baby corn, carrots, green onion and teriyaki sauce over rice.
Substitute shrimp...

GREEK

Lamb slices or grilled chicken, shredded romaine and iceberg lettuce, kalamata olives, cucumbers, tomatoes, red onions, and tzatziki sauce over rice with Greek feta dressing and grilled pita bread.
Substitute shrimp...

MEDITERRANEAN SALMON or SHRIMP

Grilled salmon or shrimp, spring mix, quinoa, kalamata olives, tomatoes, cucumbers, Mediterranean sauce.

FALAFEL

Falafel, spring mix, quinoa, tomatoes, red onion, hummus, kalamata olives, feta cheese with olive oil and grilled pita bread.

RED THAI CHICKEN

Thai red curry coconut sauce with grilled chicken over rice with grilled pita bread.

THAI CHILI SALMON or SHRIMP

Grilled salmon or shrimp over spring mix, quinoa with avocado, green onions, red peppers and a Thai chili glaze.

YELLOW CURRY CHICKEN

Grilled chicken, curry sauce, peas and carrots over rice.

SOUTHWEST CHICKEN CAESAR

Grilled chicken, spring mix, quinoa, parmesan cheese, black bean corn relish, crispy tortilla strips, Hellman's chipotle Caesar dressing drizzle and sour cream.

BUILD YOUR OWN BOWL

① BASE

Pick Up to 2

Rice
Quinoa
Spinach

Mixed Greens
Shredded Lettuce

② PROTEIN

Sirloin Beef
Diced Chicken
Fajita Chicken
Falafel
Gyro Meat
Portobella

Burger Shrimp
Black Bean Burger
Chicken Tenders
Chicken Breast
Salmon

③ COOKING SAUCE

Yellow Curry
Red Curry
Thai Chili

Teriyaki
Korean BBQ

④ TOPPINGS

Pick Up to 6 | *Sautéed Options

Diced Potatoes*
Shredded Carrots*
Green Peas*
Baby Corn*
Mushrooms*
Bell Peppers*
Onions*

Shredded Cheese
Shredded Mozzarella
Parmesan
Feta
Bleu Cheese
Grape Tomatoes

Cucumber
Red Onion
Kalamata Olive
Capers
Green Onion
Tortilla Strips

⑤ TOPPING SAUCE

Sour Cream
Salsa
Chipotle
Chipotle Caesar
Ranch
Balsamic

Mediterranean Vinaigrette
Tzatziki Sauce
Greek Dressing
Garlic Aioli
Wasabi Mayo

Sriracha Mayo
Thousand Island
Pesto
Bleu Cheese

FAVORITE | VEGETARIAN

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Korean Beef Bowl



COMBO INCLUDES
SIDE &
FOUNTAIN DRINK
OR COFFEE
MAKE IT A COMBO

BREAKFAST TACOS

Choice of flour or whole wheat tortilla, served with our signature homemade smokey red salsa.

LOW RISE
Egg & Cheese taco.

MID RISE
Egg and cheese with your choice of bacon, ham, sausage or potato.

HIGH RISE
Egg, home-style potatoes, and your choice of sausage, bacon, or ham with cheese.

BREAKFAST SANDWICHES

SMOTHERED BISCUIT
Scrambled eggs with your choice of sausage or bacon, cheddar cheese & country gravy on a flaky buttermilk biscuit.

BREAKFAST BLT
Crispy applewood smoked bacon, iceberg lettuce, tomato & scrambled eggs served on toasted bread.

GENOA SALAMI CIABATTA
Scrambled eggs, hard salami and provolone cheese on toasted ciabatta roll.

HAM & SWISS CROISSANT
Scrambled eggs, honey maple ham and Swiss cheese on a warm buttery croissant.

ALL AMERICAN
Scrambled eggs, sausage or bacon and American cheese on artisan wheat or white toast.

SAUSAGE BISCUIT
Sausage Patty on a flaky buttermilk biscuit.



ADD-ONS

- Refried Beans
Extra Cheese
Grilled Onions
Grilled Pepper
- Vegetable
Gravy
Applewood Bacon 1
Fresh Avocado
- Sausage Patty 1
Breakfast Potato 1

Substitute with Egg Whites

COMBO SIDES

- Hash Brown Tots
Breakfast Potatoes
- Fruit Cup Small 6 oz
Fresh Whole Fruit

2 PANCAKES

À LA CARTE

- ONE EGG
APPLEWOOD BACON 2 Strips
CROISSANT
BISCUIT 1 Piece
BISCUIT & GRAVY
- SAUSAGE 1 Patty
BREAKFAST POTATOES
HASH BROWN TOTS
TOAST 2 Pieces

- BREAKFAST CEREALS
OATMEAL 12 oz
Candied walnuts, brown sugar, craisins and honey
- SEASONAL FRUIT CUP Large 16 oz
YOGURT PARFAIT

- ASSORTED BAGELS
Add Cream Cheese
- PASTRIES & SWEETS
- COOKIE

BYO OMELET

- ① MEAT
Pick 1
Ham Sausage
Bacon Turkey

② TOPPINGS
Pick 3
Potatoes Feta Bell Peppers
Cheddar Spinach Mushrooms
Mozzarella Diced Tomatoes

③ EXTRAS
Meats
Cheese
Vegetables

Served until 10 AM