

SALADS GRILL PANINIS WRAPS BREAKFAST SMOOTHIES



CATERING MENU

HIGH TOWER CATERING INFO

- Delivery time:
 Monday Friday 6am 4pm
- Corporate account set up available
- 24 hour notice for hot foods and cancellations
- 18% additional charge for last minute or same day orders

- Delivery charge determined by delivery location
- 20% additional charge for buffet-style set up and plated
- \$30 minimum for delivery if less than 10

CATERING FOR YOUR SPECIAL EVENTS

CALL FOR ASSISTANCE ON YOUR NEXT EVENT! WE CAN CUSTOMIZE.

JUST ASK!

Office Parties | Snack Breaks | Social Gatherings Corporate Meetings | Breakfast | Lunch

OUR STORY

Drawing from more than twenty-five years of success throughout the city of Houston, attributed to the parent company Skyline, this unique concept capitalizes on the broadest spectrum of the food industry. Each High Tower location is nestled in an attractive corporate setting and welcomes its guests to a delicious world of garden fresh salads, soups, signature sandwiches, paninis and snacks, gourmet coffees and refreshing drinks! With a full signature breakfast and grill menu, as well as in-house catering, this far-reaching opportunity will stand to serve as the most complete business venture.



BREAKFAST JOIN THE BREAKFAST CLUB



BREAKFAST



HOT BREAKFAST SANDWICHES, TACOS & WRAPITO

MIX & MATCH - 10 PEOPLE MINIMUM

BREAKFAST BLT SANDWICH TRAY

Scrambled eggs, cheese, bacon, iceberg lettuce, and tomato on toasted bread

ADD FRESH FRUIT

BREAKFAST WRAPITO (BURRITO) TRAY

OR CHOOSE FROM OUR SIGNATURE WRAPS

Scrambled eggs, cheese, home-style potatoes, sausage, bacon, or honey maple ham. Served with our smokey roasted tomato salsa

ADD FRESH FRUIT

BREAKFAST SANDWICH TRAY

(BISCUIT, CROISSANTS, BAGEL OR TOAST)

Scrambled eggs, cheese and your choice of honey maple ham, breakfast sausage, or applewood smoked bacon served on buttermilk biscuits ADD FRESH FRUIT

HIGH TOWER

BREAKFAST TACO

Scrambled eggs, cheese, home-style potatoes, sausage, bacon or honey maple ham. Served with our smokey roasted tomato salsa

ADD FRESH FRUIT

HIGH TOWER BREAKFAST BUFFET

Fluffy scrambled eggs with your choice of bacon or sausage, served with home-style potatoes and choice of biscuit and gravy, toast or croissant. Includes butter and jelly

PER PERSON UP TO 10 PEOPLE

PER PERSON WITH FRESH FRUIT

ADD BOTTLED JUICE

ADD COFFEE (SERVES 8-10)

BREAKFAST BAKERY | FRUITS | PARFAIT

MIX & MATCH - 10 PEOPLE MINIMUM

PASTRY TRAY

Breakfast basics with a variety of baked pastries and muffins

ADD FRESH FRUIT

MAKE IT A CONTINENTAL

Bagel or croissant comes with butter and jelly
BAGEL OR CROISSANT CREAM CHEESE

YOGURT PARFAIT

A delicious creamy low-fat vanilla yogurt, fresh berries and crunch Nature Valley Granola®

FRESH SEASONAL FRUIT TRAY

The blend of fresh fruit can be added to any of our breakfast trays or ordered by itself

FRESH SEASONAL FRUIT CUP

A blend of fresh fruit served in an individual

BEVERAGES & PICK ME-UPS

FRESH BREWED COFFEE

SERVES 8-10
CAFFEINATED ONLY

1 GALLON ICE TEA OR LEMONADE

SETUP

ICE, CUPS, STIRRERS, SUGAR AND CREAMER **ENERGY** DRINKS

Monster® or Red bull®

BOTTLED SODAS

BOTTLED JUICE

HIGH TOWER DELI
BOTTLED WATER

WE RISE AND SHINE TO MAKE OUR BREAD RISE AND BAKE **EVERY MORNING**



SANDWICH BOX LUNCH



WRAP & PANINIS BOX LUNCH







"UPTOWN" SANDWICH BOX LUNCH

MIX & MATCH - 10 PEOPLE MINIMUM

Includes a pickle spear, condiments, plasticware, napkins, mint, house kettle chips and cookie

THE LEANING TOWER

Honey maple ham and hard salami, provolone cheese, romain, tomatoes, red onion and pepperocini with Italian oil & vinegar on a ciabatta roll

THE BETTA FETA

Grilled marinated chicken breast, Greek feta vinaigrette, chopped romaine, tomato and cucumbers, feta cheese crumbles and our house olive spread on a ciabatta roll

THE DOUGH-JO (ASIAN SPICY TUNA SALAD)

Albocore tuna blended with our sriracha mayo on a bed of mixed field greens, cucumber, fresh avocado and a kicking wasabi drizzle on sourdough bread

EMPIRE STATE

Roast beef and Ovengold turkey, Russian dressing, muenster cheese, iceberg lettuce and roasted red pepper on marble rye bread

WALL STREET

A towering sandwich of hot corned beef & pastrami, swiss cheese, spicy deli mustard, with coleslaw on marble rye bread

0 5

SHROOM WITH A VIEW

Marinated portobello mushroom, swiss cheese, fresh avocado, mixed field greens, roasted red pepper, hummus and Hellmann's creamy pesto on artisan focaccia bread

ADOBE

Mesquite smoked turkey, Hellmann's chipotle mayo, iceberg lettuce, black bean corn relish, cheddar cheese, fresh avocado and tomato on sourdough bread

THE **EIFFEL TOWER**

(FRENCH DIP)

Hot roast beef, melted swiss cheese, French fried onions, Hellmann's creamy horseradish dijon, on an artisan hoagie and served with au jus for dipping

BLT A

A "healthy" portion of crispy applewood smoked bacon, iceberg lettuce, tomato and fresh avocado with Hellmann's garlic aioli and on toasted sourdough bread

HATI CAESER

Marinated grilled chicken breast, Hellmann's garlic aioli, grated Parmesan cheese, chopped romaine lettuce, tomatoes and red onion on artisan focaccia bread

NOT ONLY ARE OUR VEGGIES AND DELI MEATS A CUT ABOVE, THEY ARE CUT ON LOCATION DAILY



"DOWNTOWN" WRAP BOX LUNCH

MIX & MATCH - 10 PEOPLE MINIMUM

Includes a pickle spear, condiments, plasticware, napkins, mint, house kettle chips and cookie

CHICKEN SALAD CLUB

Homemade all white meat chicken salad, applewood smoked bacon, muenster cheese, iceberg lettuce, with tomatoes and fresh avocado, drizzled with Hellmann's roasted garlic aioli

FAVORITES VEGETARIAN

O BAKED **SALMON**

Baked slamon, raspberry-chipotle sauce, rice, baby spinach, and black bean and corn relish

GREEK

Grilled chicken, rice, chopped romaine, feta cheese, cucumber, tomatoes, Greek feta vinaigrette and our homemade olive spread

VEGGIE

A marinated mushroom medley, baby spinach, hummus, feta cheese, roasted red pepper, fresh avocado, rice, grilled onions and Hellmann's creamy basil pesto

CHICKEN FAJITA

Marinated fajita chicken, rice, black bean corn relish, grilled onions and green bell peppers, fresh avocado, iceberg lettuce, shredded cheddar, with sour cream and our homemade smokey salsa

BACON. EGG SALAD & CHEESE

A heaping scoop of our homemade egg salad, applewood smoked bacon, muenster cheese served with lettuce and tomato

"MIDTOWN" TOWER PANINIS

Includes a pickle spear, condiments, plasticware, napkins, mint, house kettle chips and cookie

Q CUBANO

Honey maple ham and ovengold turkey, swiss cheese, sweet pickle relish with Hellmann's chipotle mayo and served on a toasted artisan hoagie roll

REUBEN RACHEL

(CORNED BEEF) (TURKEY)

Corned beef or turkey with sauerkraut, melted swiss cheese and Russian dressing on toasted marble rye bread

THE BIG TUNA MELT

Our homemade Albacore tuna salad, melted swiss cheese and roasted red pepper on sourdough bread

ROMAN

Marinated grilled chicken, tomato-basil marinara, provolone and shredded mozzarella cheese on a ciabatta roll

CAPRESE

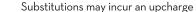
Fresh marinated mozzarella cheese and tomatoes, baby spinach with Hellmann's basil pesto on artisan focaccia bread

MUFFULETTA

Hard salami, turkey and honey maple ham, our homemade olive spread with provolone and mozzarella cheese served on muffuletta bread

O THREE CHEESE PANINI

Melted cheddar, pepper jack and provolone cheese topped with tomato and fresh avocado, Hellmann's horseradish dijon and on sourdough bread



BUILD YOUR OWN BOX LUNCHES



SALAD







HIGH TOWER BUILD YOUR OWN BOX

Includes a pickle spear, condiments, plasticware, napkins, mint, house kettle chips and cookie

BUILD YOUR OWN TOWER SANDWICH

A tower sandwich with lettuce and tomato

BREAD CHOICE

- ARTISAN TWELVE GRAIN WHEAT
- MARBI F RYF
- SOURDOUGH
- WHITE BREAD

CHEESE CHOICE

- AMERICAN CHEESE
- VERMONT CHEDDAR CHEESE
- JALAPEÑO PEPPER JACK CHEESE
- PROVOLONE
- MUENSTER

BOTTLED WATER BOTTLE SODAS

MEAT CHOICE

- OVENGOLD TURKEY BREAST
- HONEY MAPLE HAM
- HOMEMADE CHICKEN SALAD
- ALBACORE TUNA SALAD
- EGG SALAD
- ROAST BEEF
- CORNED BEEF
- PASTRAMI

SIDES

- FRUIT CUP 6 0Z
- COLE SLAW 60Z
- HOUSE KETTLE CHIPS
- PREMIUM CHIPS





SALAD BOX LUNCHES

ADD CHICKEN 2.49 • ADD SHRIMP OR SALMON 3.49 • ADD DELI MEAT 1.49

Includes plasticware, napkins, mint, house kettle chips and cookie

THE **HIGH TOWERTM HOUSE**

Mixed field greens, tomatoes, red onions, cucumbers, homemade crunchy croutons in a balsamic vinaigrette

TAKE ME TO THE CLUB

Chopped romain and iceberg lettuce, tomato, fresh avocado and crispy bacon crumbles, with a pinwheel of roast beef, turkey, ham and swiss cheese

COBB

Chopped iceberg and romain lettuce, egg, crispy bacon crumbles, fresh avocado, tomatoes, chedder cheese and bleu cheese crumbles.

CAPRESE

Mixed field greens, fresh marinated mozzarella cheese, tomatoes, homemade croutons and balsamic vinaigrette dressing

FUJI LICIOUS

Mixed field greens, bleu cheese crumbles, sliced apple, craisins, candied walnuts, and raspberry vinaigrette dressing

SOUTH BY SOUTHWEST CAESAR

Chopped romain tossed with our black bean corn relish, grated parmesan cheese, crispy tortilla strips and a creamy chipotle Caesar dressing

CHEF'S SALAD

Chopped romaine and iceberg lettuce topped with tomatoes, shredded cheddar and mozzarella, ham, turkey, egg and crunchy croutons

IT'S ALL GREEK TO ME

Chopped romaine, red onions, feta cheese crumbles, pepperoncinis, cucumbers, capers, kalamata olives, tomatoes in a Greek dressing

BOX LUNCH ADD-ONS

CUP SOUP

CUP CHILI

YOGURT PARFAIT

EXTRA SIDE ITEM

SIDE HOUSE SALAD

PREMIUM SIDE SALAD

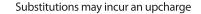
LARGE FRUIT CUP

SALAD BOWLS

Signature Premium Served in a large bowl self served with utensils

BOTTLED WATER

BOTTLED SODAS



SANDWICH



BUILD YOU OWN TOWER SANDWICH TRAY

A tray of tower sandwiches served with lettuce and tomato

PER PERSON

BREAD CHOICE

- ARTISAN TWELVE GRAIN WHEAT
- MARBLE RYE
- SOURDOUGH
- WHITE BREAD

CHEESE CHOICE

- AMERICAN CHEESE
- VERMONT CHEDDAR CHEESE
- JALAPEÑO PEPPER JACK CHEESE
- PROVOLONE
- MUENSTER

MEAT CHOICE

- OVENGOLD TURKEY BREAST
- HONEY MAPLE HAM
- HOMEMADE CHICKEN SALAD
- ALBACORE TUNA SALAD
- EGG SALAD
- ROAST BEEF
- CORNED BEEF
- PASTRAMI





SIDES PER PERSON

- FRUIT TRAY
- CHIPS

SIDE SALAD

- COOKIE
- ASSORTED DESSERT

HIGH TOWER TRAYS

MIX & MATCH - 10 PEOPLE MINIMUM

"UPTOWN" SANDWICH TRAY

Choose a combination from our Signature "Uptown" sandwiches

PER PERSON

"MIDTOWN" PANINI TRAY

Choose a combination from our Signature "Midtown" paninis PER PERSON

"DOWNTOWN" WRAPS TRAY Choose a combination from our Signature

"Downtown"

PER PERSON



HOT ENTREES Mix and match 10 or more. Inquire about other meals. SOME LIKE IT HOT







Mix and match 10 or more

KOREAN BEEF BOWL

Sirloin beef, sunny side up egg, carrots, green onion, sesame sauce and seeds over rice

TERIYAKI BEEF BOWL

Sirloin beef, baby corn, carrots, green onion, teriyaki sauce over rice

TERIYAKI CHICKEN BOWL

Grilled chicken, baby corn, carrots, green onion, teriyaki sauce over rice

CURRY CHICKEN BOWL

Grilled chicken, curry sauce, peas, carrots over rice

GREEK BOWL

Lamb slices or grilled chicken, shredded romaine and iceberg lettuce, kalamata olives, cucumbers, tomatoes, red onions, and tzatziki sauce over rice with Greek feta dressing and grilled pita bread

SOUTHWEST CHICKEN

CAESAR BOWL

Grilled chicken, spring mix, brown rice & guinoa, parmesan, cheese, black bean corn relish, crispy tortilla strips, chipotle Caesar dressing drizzle & sour cream

MEDITERRANEAN SHRIMP BOWL

Grilled shrimp, spring mix, brown rice & guinoa, kalamata olives, tomatoes, cucumbers, Mediterranean sauce

FALAFEL BOWL

Falafel, spring mix, brown rice & quinoa, tomatoes, red onion, hummus, kalamata olives, feta cheese with olive oil and grilled pita bread

WICKED THAI CHICKEN BOWL

Thai red curry coconut sauce with grilled chicken over rice with grilled pita bread

SALMON BOWL

Grilled salmon over spring mix, brown rice & guinoa with avocado, green onions, red peppers and a Thai chili glaze

THE TEX-MEX BOWL

Marinated fajita chicken, black bean corn relish, grilled onions, bell peppers, fresh avocado, iceberg lettuce, shredded cheddar cheese with sour cream and homemade smokey red salsa over

HOT ENTREES

Mix and match 10 or more. Inquire about other meals

SPANISH-STYLE CHICKEN

WITH CORN RELISH AND PEPPER JACK CHEESE

Grilled chicken breast topped with pico de gallo and Monterey jack cheese

CHICKEN OR BEEF FAJITAS

Sautéed onions and bell peppers, served with flour tortillas, sour cream, salsa, shredded cheddar cheese and pico de gallo

BAKED CHICKEN

Grilled marinated chicken breast with two sides

LASAGNA

Seasoned ground beef layers of pasta, marinara sauce, mozzarella, parmesan and ricotta cheese. Served with Caesar or house salad and garlic toast

TACO SALAD BAR

Set up buffet style, served with seasoned beef and chicken fajita, homemade tortilla chips, topped with lettuce, tomatoes, shredded cheese, sour cream, pico de gallo and homemade salsa

BAKED POTATO BAR

Set up buffet style, potatoes, sour cream, butter, green onions, bacon bits, jalapeños and shredded

add per person Chili • BBQ or • Chicken Fajita



Substitutions may incur an upcharge

PARTY TRAYS YOU CAN'T SPELL PARTY WITHOUT T-R-A-Y

DESSERT TRAYS & DRINKS DON'T FORGET THE ACCESSORIES

PARTY TRAYS

10 PEOPLE MINIMUM

CUBED MEAT AND CHEESE PARTY TRAY

Artfully arranged cubes of honey maple ham, hard salami and ovengold turkey breast accompanied by Vermont cheddar, pepper jack and swiss. It includes gourmet crostini, pickle spears and condiments

PER PERSON

FRESH SEASONAL FRUIT PARTY TRAY

The blend of fresh fruit can be added to any of our breakfast trays or ordered by itself PER PERSON

OUR FRESH-MADE PARTY DIPS

Choose from one of our homemade dips. smokey salsa or guacamole. All served with tortilla chips

FRESH FRUIT & CHEESE PARTY TRAY

Seasonal fresh fruit paired with an assortment of cubed cheese and gourmet crostini or pita
PER PERSON

VEGETABLE PARTY TRAY

A bountiful selection of crisp garden fresh vegetables served with our creamy ranch dressing or dressing of your choice

PER PERSON

MEDITERRANEAN TRAY

Choice of three dips: hummus, roasted red peppers, olive spread, and black bean corn relish. Served with pita chips

PER PERSON

CREAMY HUMMUS

It's a harmonious blend of chickpeas and tahini that forms this creamy blend of hummus. It's just filling enough to get you through the afternoon without all the guilt! Served with pita chips

PER PERSON

DESSERT & SNACK TRAYS

10 PEOPLE MINIMUM

PREMIUM CHIPS

Choose from jalapeño, salt and vinegar, BBQ or sea salt PER PERSON

ASSORTED DESSERT TRAY

PER PERSON

BAKERS DOZEN COOKIE BOX

EACH

FRESHLY BAKED COBBLER

SERVES 10-12

SPORTS BREAK

Trail mix, granola bars, assorted powerade PER PERSON

HEALTH BREAK

Yogurt parfait cup or Fresh fruit cup and oatmeal cookie PER PERSON

CANDY AND NUT BREAK

Assorted candies and assorted nuts PER PERSON

SMOOTHIE JUICE BREAK

Protien smoothie or juice from our juice bar with a health bar PER PERSON

BEVERAGES & PICK ME-UPS

FRESH BREWED COFFEE®

SERVES 8-10 CAFFEINATED ONLY

1 GALLON ICE TEA OR LEMONADE

SETUP

ICE, CUPS, STIRRERS, SUGAR AND CREAMER

ENERGY DRINKS

Monster® or Red bull®

BOTTLED SODAS EACH

L/ (O11

BOTTLED JUICE

HIGH TOWER DELI BOTTLED WATER

THESE TRAYS LIKE TO PARTY

DID YOU SAY COOKIE?

